Symptom survey

Is balloon sinus dilation right for you?

Symptom survey

Check "yes" if you have had any of the following symptoms for 10 days or longer:

	Yes No
Facial pressure or pain	
Headache pain	
Congestion or stuffy nose	
Thick, yellow-green nasal discharge	
Low fever (99-100 degrees)	
Bad breath	
Tooth pain	
Duration and frequency Have you experienced these	Yes No
symptoms for 12 or more weeks?	
In the past year, have you experienced these symptoms for 10 days or longer on four separate occasions—with interim periods of no symptoms?	
Your contact information	
Name	
Phone	
Insurance company	

Please fill out and return survey to the receptionist.

Stop waiting.

Ask your physician if balloon sinus dilation can help.

For more information visit SinusSurgeryOptions.com

1. Chandra RK, Kern RC, Cutler JL, Welch KC, Russell PT. REMODEL larger cohort with long-term outcomes and metaanalysis of standalone balloon dilation studies. Laryngoscope 2016 Jan; 126(1):44-50.

XprESS system may be used to treat certain conditions affecting the sinus above your eyebrows and behind your cheeks and eyes. Your physician will need to determine if your condition is one that may benefit from the XprESS system. Possible side effects include but are not limited to post-operative bleeding; pain and swelling; allergic reaction to anesthesia or other medications administered during the procedure; or infection. Your condition may not respond to this treatment. To learn more about this procedure and the potential risks, ask your physician.

XprESS system Indications for Use: To access and treat the maxillary sinus ostia/ethmoid infundibula in patients 2 years and older, and frontal ostia/recesses and sphenoid sinus ostia in patients 12 years and older using a trans-nasal approach. The bony sinus outflow tracts are remodeled by balloon displacement of adjacent bone and paranasal sinus structures.

Please see Instructions for Use (IFU) for a complete listing of warnings, precautions and adverse events.

Caution: Federal (USA) law restricts this device to sale by or on the order of a physician.

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Chronic sinusitis

Tired of suffering from sinusitis?



Stop constantly medicating. Stop suffering. Stop the sinus pressure and breathe.

Balloon sinus dilation can provide relief that lasts for those with sinusitis symptoms.

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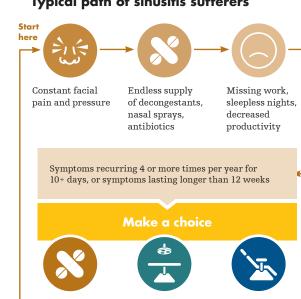
Stop suffering and take control

Millions of adults and children suffer from sinusitis—an inflammation or swelling of the tissue lining the sinuses that can prevent your sinuses from draining. Mucus and fluid buildup inside the sinuses can lead to sinus infections and more inflammation and pain.

Sinusitis symptoms may include:

\square Facial congestion/fullness	\square Headaches
\square Nasal blockage	\square Fatigue
\square Nasal discharge	☐ Dental pair
☐ Fever	\square Bad breath

Typical path of sinusitis sufferers



Medication: Continue medicating

Sinus surgery: Performed in an operating room and requires general anesthesia

Can be performed in an out-patient facility under local anesthesia

Balloon dilation:



Resume normal activity in 4-5 days¹



activity the next day1

Chronic sinusitis

Get relief with balloon sinus dilation

You've waited long enough

When merely managing your symptoms is no longer working, and your busy lifestyle doesn't allow time for endoscopic sinus surgery, consider balloon sinus dilation.

The procedure offers a safe, convenient and comfortable alternative for treating recurring or persisting sinus pain and pressure.¹

Gentle

The small balloon gently opens and reshapes your sinus drainage pathways, restoring normal sinus drainage.

Quick recovery

Many patients resume normal activities the same day. 1

Convenient and comfortable

The procedure can be performed under local anesthesia.

Instant and long-lasting

The procedure keeps sinus passages open, offering long-term relief from the problems associated with sinusitis.\(^1\) Multiple studies show patients experienced less facial pain, improved sleep, less use of antibiotics, fewer visits to their doctor and were quickly able to perform day-to-day activities at home and work.\(^1\)

The procedure and what you can expect

How our balloon sinus dilation works

First, local anesthesia numbs your sinus tissue. Then, your physician inserts and gently inflates the balloon to dilate the treatment area. The balloon dilation expands the sinus pathways to restore drainage. After three to five seconds, the balloon is deflated and removed.

Procedure overview



1 Blocked sinus pathway creates pressure and causes sinusitis



2 Balloon expands and gently remodels the sinus pathway



Open nasal pathway restores drainage and allows for fewer infections and clearer breathing¹

Balloon sinus dilation is not appropriate for all patients. Complete the symptom survey and discuss with your physician to see if balloon sinus dilation is right for you.

Get back to life sooner

The clinical trial REMODEL compared our balloon sinus dilation and traditional sinus surgery in adults and found that after 12 months, both procedures deliver comparable results, but choosing balloon dilation can significantly enhance the patient recovery experience.¹



Traditional sinus surgery

Local anesthesia (awake)

General anesthesia (asleep)



Average days to return to normal activity:

1.7 vs. 5.0

Average days prescription pain medicine needed:

1.0 vs. 2.8

Average follow-up care visits per patient:*

0.2 vs. 1.0

*Removal of scar tissue, scabs or crusting to aid healing.

Stop the pressure and breathe. Ask your physician about balloon sinus dilation today.



Patients have indicated sinus headaches made it difficult to be productive at work

Sinus congestion and headaches can stand in the way of a patient's ability to enjoy time with family and be effective at work. After balloon sinus dilation, patients got their quality of life back.

Watch our balloon sinus dilation patients share their success stories at **SinusSurgeryOptions.com**

